



# OFF THE BEACH SAILING CENTRE

## SAILING INSTRUCTIONS 2005 – 2008

### 1. **VALIDITY.**

These Off The Beach Sailing Centre (OTB SC) Sailing Instructions are valid from 01 October 2006 until 04 June 2007.

### 2. **ORGANISING AUTHORITY.**

The Organising Authority is Sandringham Yacht Club Inc (A11997)

### 3. **RULES.**

All races will be governed by the rules as defined in the ISAF Racing Rules of Sailing 2005-08 (RRS) including the Prescriptions and Part 2 of the Special Regulations of Yachting Australia (YA), the current class rules for the competing classes, all as amended by these sailing instructions.

### 4. **NOTICES TO COMPETITORS.**

Notices to competitors shall be posted on the official notice board located inside the OTB SC. Information Sessions will be held 90 minutes prior to the start of racing.

### 5. **CHANGES TO SAILING INSTRUCTIONS.**

Any change to the sailing instructions will be posted on the official notice board, not later than one hour prior to the start time of the race it will affect. Any change to the schedule of races will be posted not later than 1800 hours on the day before it is to take affect.

### 6. **SIGNALS MADE ASHORE.**

Signals made ashore will be displayed from the signal mast located in front of the OTB SC.

Code flag 'AP' with two signals (one when lowered) means 'Racing is postponed'. A new warning signal will be made not less than 30 minutes after the signal is lowered.'

Code flag 'AP' over 'H' with two signals (one when lowered) means 'Racing is postponed'. Boats shall not leave the shore. A new warning signal will be made not less than 30 minutes after the signal is lowered.'

Code flag 'L' with one sound signal means a change to the sailing instructions has been posted.

### 7. **SCHEDULE OF RACES.**

Summer Series first warning signal 1400 hours

08 October	International Cadets / Optimists / Miscellaneous	Aggregate
15 October	International Cadets / Optimists / Miscellaneous	Aggregate
29 October	International Cadets / Optimists / Miscellaneous	Aggregate
12 November	International Cadets / Optimists / Miscellaneous	Aggregate
19 November	Optimists / Miscellaneous	Aggregate
26 November	Optimists / Miscellaneous	Aggregate
03 December	Miscellaneous	Aggregate
10 December	International Cadets / Optimists / Miscellaneous	Aggregate
04 February	International Cadets / Optimists / Miscellaneous	Aggregate
11 February	International Cadets / Optimists / Miscellaneous	Aggregate
18 February	International Cadets / Optimists / Miscellaneous	Aggregate
25 February	International Cadets / Optimists / Miscellaneous	Aggregate
04 March	Optimists / Miscellaneous	Aggregate
18 March	International Cadets / Optimists / Miscellaneous	Aggregate
24 March	International Cadets / Optimists / Miscellaneous	Aggregate

Autumn Series first warning signal 1300 hours

29 April	All Classes
06 May	All Classes
20 May	All Classes
27 May	All Classes
03 June	All Classes

**8. CLASS FLAGS.**

Will be advised at the daily information session but may be the following

International Cadet (all divisions)	Red/Blue Int. Cadet logo on white background
Optimist	Code Flag '0'
International 14	Code Flag 'F'
Laser	Code Flag 'W'
Contender	Code Flag 'C'
Flying Dutchman	Code Flag 'W'
Miscellaneous Division 1	Numeral 1
Miscellaneous Division 2	Numeral 2

**9. RACING AREA.**

Races are conducted by Sandringham Yacht Club Inc, on the waters of Port Phillip within 1.5 nm of Sandringham Harbour.

**10. COURSES.**

Courses will be advised at the daily information session

**11. MARKS.**

All rounding marks are inflatable, of the following shapes and colours:  
Orange or Yellow (may have a black band) as notified at briefing or on the official notice board.  
Clearance mark - may be laid  
Numbers which may be displayed on some marks shall be disregarded.

**12. THE START.**

Races will be started in accordance with RRS 26.

-5 min	Warning	Class flag displayed	1 Sound Signal
- 4 min	Prep	P, I, Z, Z with I, or black flag	1 Sound Signal
-1 min	One Minute	Preparatory flag removed	1 long Sound Signal
0 min	Start	Class flag removed	1 Sound Signal

The warning signal for each succeeding class shall be made with or after the starting signal of the preceding class. Times shall be taken from the visual signals and the absence of a sound signal shall be disregarded.

The starting line shall be between a staff displaying an orange flag on the race committee boat at the starboard end and a mark at the port end. A clearance mark may be positioned adjacent the race committee boat. Boats shall not pass between the clearance mark and the committee boat.

**13. CHANGE OF COURSE.**

A change of course after the start will be signalled in accordance with RRS33, before the leading boat has begun the leg, although the new mark may not yet be in position. Any mark to be rounded after the new mark may be relocated to maintain the original course configuration. When in a subsequent change of course, the new mark is to be replaced, it will be replaced with an original mark.

**14. THE FINISH.**

The finishing line will be between a staff on the race committee boat displaying an orange flag at the starboard end and a mark at the port end.

**15. TIME LIMIT.**

The short race time limit (back-to-back) is one hour for each class or within 20 minutes of the first boat in each class, whichever occurs first.  
The long race time limit is two hours for each class or within 20 minutes of the first boat in each class, whichever occurs first.  
Boats failing to finish within the time limit for its' class, will be scored DNF or, if it is possible to determine the order of such boats, be recorded as finishing in this order.

- 16. INTENTION TO RACE.**  
Boats shall indicate their intention to race by sailing past the stern of the race committee boat on starboard tack, hail their sail number and be acknowledged, prior to their warning signal. Boats failing to do so may be scored DNC without a hearing. This changes RRS 63.1.
- 17. RETIREMENT.**  
A boat that leaves the racecourse prior to the end of the racing session shall advise the Race Officer, or rescue craft of their intentions prior to leaving the vicinity of the course. If this is not possible, the boat shall make its way to shore and notify the Beach Marshall and sign the "Sign Off sheet". It is the responsibility of the skipper to notify the Race Officer that the boat is safe and on shore.
- 18. SIGN-ON / SIGN-OFF.**  
Prior to leaving the shore for each race (or session, where two or more races are to be sailed back-to-back), the helmsperson of each boat shall sign-on, on the sheet provided in the OTB SC. Boats failing to sign-on will be disqualified from the race (or all races in the session, where two or more races are to be sailed back-to-back), without a hearing. This changes RRS 63.1.  
Immediately on returning to shore after the race (or session, where two or more races are to be sailed back-to-back), the helmsperson of each yacht shall sign-off, on the sheet provided in the OTB SC.  
Boats failing to sign off within the protest time limit will be disqualified from the race (or all races in the sessions, where two or more races are to be sailed back-to-back), without a hearing. This changes RRS 63.1.
- 19. PROTESTS.**  
Protests shall be lodged on forms available in the OTB SC adjacent the official notice board and shall be lodged with the Race Committee within 60 minutes of the finishing time of the last boat in that race or, when races are sailed 'back-to-back', the last race of the session. Protests will be heard in approximately the order of receipt, as soon as possible.
- 20. COACHING.**  
Rule 41 is modified for the Cadet and Optimist fleets as follows:  
Coaching assistance may be provided to some Cadet and Optimist class yachts during races identified in the OTB Race Program as Junior Professional Coaching. This coaching assistance will be at the sole discretion of the nominated class coach. Such assistance shall not be grounds for protest.  
These races are conducted in conjunction with the Junior Coaching Program and may involve interaction between the coaches and some race participants in the back half of the Cadet and Optimist fleets only.  
Coaches will use their best judgment to ensure such coaching does not affect the major placings (trophy positions) of any race or trophy series.
- 21. SCORING.**  
The Races shall be scored in accordance with RRS rule 89.3 the Low Point Scoring System.
- 22. SAFETY.**  
When the race committee considers a boat, its equipment, or crew not adequate for the likely conditions or otherwise at risk, it may require the boat to accept assistance or return to shore. Such action shall not be grounds for redress. This changes RRS 62.1 (a).
- 23. LIABILITY.**  
All those taking part do so at their own risk and responsibility. Sandringham Yacht Club, its servants and volunteers are not responsible for the seaworthiness of a boat whose entry is accepted or for the adequacy or sufficiency of its equipment.  
Attention is drawn to Fundamental Rule 4 which states - "The responsibility for a boat's decision to participate in a race or to continue racing is hers alone".  
Each boat participating shall be with valid Third Party Liability Insurance with a minimum cover of \$5 Million.  
Boats without the required insurance are ineligible to compete.  
A competitor's signature upon the sign on sign off sheet will be accepted by Sandringham Yacht Club as a confirmation that the competitor has read and understands these sailing instructions and agrees to be bound by them.