



**SANDRINGHAM YACHT CLUB**

# **NOTICE TO COMPETITORS**

**No: 2011-12\_Sat\_Sum\_4**

**Applicable to:  
2 Handed Race - Le Cascadeur Trophy  
29<sup>th</sup> October 2011**

This event will be a Combined Divisions event with a Tower start.

Class Flag for the combined division is code flag "R".

This event will be run as Safety Category 6+. The following additional safety requirements shall apply:

1. There is a mandatory radio sign on to "Sandringham Tower" on VHF Ch77 between 1330 and 1355 or between 1400 and 1415. Participants are required to confirm that they are "a starter" in this event. Boats failing to sign-on may be scored DNS.
2. All competitors shall wear a PFD type 1 at all times when racing and it is strongly recommended that they continue to wear a PFD until returned to their home port. PFD's to have crotch or thigh straps fitted and used.
3. Safety harnesses should be used in adverse conditions and at all times when on deck on boats without lifelines.
4. Jackstays shall be fitted.
5. VHF radio shall be carried and be capable of operating on channels 12, 16, 67, 71, 73 & 77.
6. Heaving line or life sling shall be accessible from cockpit.
7. Radio receiver capable of hearing weather reports shall be carried on board.
8. Self Steering may be used for this event provided it does not interface to electronic wind direction equipment.

**Mark Welsh  
Club Captain - Sail  
26/10/2011**

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